

Training Co-operative Emergency First Aid at Work for Hospitality 1 day (7 hours)

Unfortunately, accidents happen in restaurants, hotels and other hospitality businesses. Customers can fall ill whilst in the dining room or staff can encounter a range of burns in the kitchen. Our course will equip you to deal with such situations confidently.

Our experienced trainer will come to your business to deliver this 7 hours **Emergency First Aid at Work for Hospitality** training course.

The course covers all topics required in the standard Emergency First Aid at Work (EFAW) course plus additional content related to incidents occurring in catering and accommodation businesses. For example, what to do if a customer is choking in the dining room, if the sous chef suffers a large burn from the oven or somebody suffers from an anaphylactic shock due to something they ate. Our courses are very practical and we will use examples and scenarios relating to the relevant setting throughout (in the restaurant, in the kitchen, in the hotel room etc).

By the end of the course you will be able to:

- Recognise and respond to an accident or illness arising at your business;
- Confidently manage an accident or illness incident;
- Help your business fulfil its duty of care towards others;
- Undertake a range of key lifesaving first aid procedures including Cardio-Pulmonary Resuscitation (CPR) and use of an Automated External Defibrillator (AED).



Programme

Vital signs – breathing, level of consciousness, temperature, colour,

Incident management – a systematic approach to managing first aid incidents.

Airway Management – causes and treatment of unconscious collapse. Recovery Position

Breathing Problems - cardiac arrest CPR (Cardiopulmonary Resuscitation), choking (adult and child) and asthma

AED / Defibrillator use

Circulation Problems – Recognition and treatment of Internal bleeding, external bleeding and shock

Accident reporting and awareness of current regulations

Making emergency calls- timing, process and content

Recognition and Treatment of Major Illnesses - heart attack, stroke, angina, diabetes and anaphylaxis

Minor injuries and burns & scalds

Dealing with poisons

Our trainer can come to your hotel/restaurant or other venue of your choice. We are used to working in a range of venues and we bring along all necessary training resources (flipchart, projector, CPR manikins, AED trainers etc). All we ask is that the venue has enough floor space for us to do demonstrations and for you to practice.

Accreditations

The First Aid Training Co-operative is an ISO 9001:2015 certified organisation. You can rely on our quality assured systems for the correct accreditation of your course. The Training Co-operative is also an SQA approved Centre. The First Aid Training Co-operative is insured through and are members of, the Association of First Aiders. We are also members of the Scottish First Aid Association and cover the requirements of the HSE's Due Diligence requirements for first aid training providers.



Equivalence

There are currently a variety of systems to give an academic 'level' to first aid courses.

Our **Emergency First Aid at Work for Hospitality** course is an equivalent standard to -

- **RQF (Regulated Qualification Framework)** Level 3
- **SCQF (Scottish Credit and Qualification Framework)** Level 6
- **REC (Rescue Emergency Care)** Level 2

Due Dilligence

The First Aid Training Co-operative fulfills HSE due diligence requirements. [Read more on our website.](#)

Cost

For a group of up to 12 people at your venue: £500 + VAT = £600

This course **fee includes ALL expenses** (trainer expenses, course manuals, travel costs, certificate production and distribution) and all this from an ISO 9001:2015 accredited company. Unlike some of our competitors we tell you about out fees upfront.

Where additional travel is required, say the price of a ferry, we may need to charge an extra fee but we will tell you this at the time of your enquiry.

(Note - the HSE sets a maximum trainer to student ratio of 1:12 people and our costs are based on working with a group of 12. If you only have a small number of candidates for the course it would be worth trying to contact other local clubs who may require training to try and fill your course, and reduce the per head cost)

Course Dates

Please let us know your preferred course dates and whether you require a weekend or weekday, and we will arrange the rest for you.

Please feel free to contact us if you have any more questions.